



**Big Brothers Big Sisters**  
of the Inland Northwest



**Would you like to be a Mentor?**

or

**Do you know a child who could benefit from a Mentor?**

Big Brothers Big Sisters provides children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

### **Mentoring really works!**

A national study shows that children matched to a mentor in the Big Brothers Big Sisters program are:

- 46% less likely to begin using illegal drugs
- 27% less likely to begin using alcohol
- 52% less likely to skip school
- 37% less likely to skip a class
- more confident of their performance in schoolwork
- one-third less likely to hit someone
- getting along better with their families

A research study found that adults who were formerly Littles in the Big Brothers Big Sister program:

- 90% agree that their Big made them feel better about themselves
- 76% learned right from wrong from their Big
- 77% agree that their Big helped them to make better choices in life
- 90% believe that their Big provided stability when they needed it most



**Sign Up Online @**  
**[www.nwbigs.org](http://www.nwbigs.org)**

### **Does my child qualify for the program?**

#### **Here are the requirements:**

- Child needs to be 7-12 years of age
- Child needs to be willing to meet with volunteer 2-3 hours outing, 2-3 times per month.
- Child displays a need and want for a mentor
- Parent/Guardian is supportive of their child being involved in the program
- Parent/Guardian is willing to attend a "Parent Training"
- Commit to an 18 month participation in the program
- Attend a Parent/Guardian and child interview
- Live in Spokane County

### **Do I qualify to be a mentor in the program?**

#### **Here are the requirements:**

- Mentor needs to be out of high school
- Mentor needs to be at least 18 years old and possess a valid driver's license
- Live and/or work in Spokane County
- Enjoyment and concern for children
- Desire to improve the life of a child
- Ability to give an 18 month commitment to the program
- Share 2-3 hours outing, 2-3 times per month with a child
- Attend an interview, mentor training, complete background/reference check, complete a home visit

**Contact us with your questions!**

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